

Purpose

Catholic Culture

A prayer table or dedicated space in your home highlights the beauty of the Catholic faith. It brings dimensions of the universal Church into your little domestic Church. This is a place where you can display and grow your family's favorite Catholic devotions.



Liturgical Connection

A dedicated prayer space allows your family to celebrate the beauty of the liturgical season, from changing the color of the cloth to celebrating the feast days.

Just a few of the awesome SSJ family prayer tables



Visual Reminder

A place with dedicated prayer items is a reminder to each family member of the importance of prayer. It also helps the members to pray throughout the day as they pass and hopefully stop for prayer.

Place to Gather

The prayer space is a place where each member can go on their own. It is also a great place to call the family together for prayer at moments such as before bedtime or praying a family Rosary. This is also a place where you can leave a prayer intention jar or box to remember to pray for each other and others who need our prayers.



CREATE A FAMILY

PRAYER TABLE



EXTRAORDINARY THINGS
HAPPEN WHEN FAMILIES
PRAY TOGETHER

The Basic Setup



Dedicated Space

Use any table, mantle, alcove or any flat space available in your home.



Cloth

Changing the cloth to the current liturgical season is best:

- Green - Ordinary Time
- Purple - Advent and Lent
- White - Christmas and Easter
- Red - Pentecost, Solemnities of the Holy Spirit, Jesus, or of the martyrs



Crucifix

As Jesus is the center of our lives, remembering His sacrifice is crucial. The Crucifix can be standing, lying down or mounted on the wall.



Bible

Place one that can be read not an heirloom you want protected/not touched. Open the Bible to various Bible passages to encourage different passages to be read.



Candle

This allows you to celebrate Jesus as the light of the world and your family's life. LED is safest for families.



Rosary beads

Use Rosary booklets to help pray a decade or the whole Rosary or the Divine Mercy Chaplet

Great Extras



Statues or Images

Place images of Jesus, Mary, or the Saints as reminders of your faith. Take home one of the three traveling statues offered at SSJ - St. Nino, Fatima Pilgrim Virgin Statue, or the Vocation Cross.

Learn more or sign up at this link:

<https://www.ssjwoodlands.com/copy-of-do-join-serve-give-2/traveling-statues>



Pictures

Showcase your family's sacrament celebrations or place pictures of family/friends who need your prayers.



Prayer Cards/Booklet

Use to help inspire prayer or to learn new prayers.



Seasonal

Place items to reflect the liturgical season such as Advent wreath.



Saints

Invite your heavenly friends into your family's life by having Saint cards or the list of the saints for the week/month to remind you to pray to them.



SSJ Gift Shop/Library

Check out the SSJ gift shop for items to purchase or the SSJ library to loan books to inspire your faith to greater depths.

Using the Prayer Table

This dedicated space symbolizes our commitment and desire for a deeper relationship with Christ. It also helps us in the living out at home the command to -

Pray without ceasing

1Thessalonians 5:17



Ideas of ways to use

When placed in a common place in your home that is walked past throughout the day, the prayer table invites all who pass by to offer up a prayer.

To ensure it does not just become a beautiful decoration, it is encouraged that you make a dedicated time to gather at the prayer table for prayer opportunities such as the following:

- Bedtime prayer
- Praying a family Rosary
- Reading Scripture together such as the Sunday Gospel or daily readings
- Gather for a time of intercession for one another and thanksgiving to God for the blessings of the day

Check out other family devotions at:
<https://www.ssjwoodlands.com/at-homeprayers>

